



# Newsletter

## Newsletter August 2010

This Newsletter is part of the regional AOD Youth Capacity Building Role. If you have any comment, events, information that you would like included in future newsletters or feedback please don't hesitate in contacting me at [shickford@barwon youth.org.au](mailto:shickford@barwon youth.org.au)

### Notice board

#### Aboriginal employment and training opportunities- Employer training funding guide

The Department of Health is committed to building the Aboriginal workforce in Victoria by increasing Aboriginal employment and training opportunities. To assist the health and community services sector there are a number of programs that can support workforce recruitment and retention within their organisation. This quick reference guide has been prepared to assist managers and human resources staff to develop Aboriginal workforce capacity. To view contact [mary.spencer@health.vic.gov.au](mailto:mary.spencer@health.vic.gov.au):

#### State Election 2010 VAADA Resources

The Victorian 2010 state election is due be held on Saturday, 27 November 2010.

In the lead-up to this year's state election, VAADA is producing a series of papers on drug and alcohol issues that reflect VAADA's priority areas for the forthcoming election.

The first three papers were produced in June and utilised during meetings with Members of Parliament in Drug Action Week and covered:

1. An accessible and quality drug treatment system
2. Responding to older AOD users
3. Drugs, crime and prisons

Please feel free to use these resources in your own advocacy. The papers are intended to be used as widely as possible. Please distribute amongst your networks and draw from the papers in your own advocacy, submissions, articles and newsletters.

These papers can be downloaded at: <http://www.vaada.org.au/resources/list.chtml?folder=Policy>

#### Walking Home

If you can go to [www.walkinghome.org.au](http://www.walkinghome.org.au) and register for our Walking Home event on Saturday November 13th it would be greatly appreciated.

This year we want as many people from the community to join us and "Walk the Talk" as we raise the awareness of homelessness.

Walking Home commences in Queenscliff on Saturday 13th November at 8am and follows the Rail Trail to Johnstone Park in Geelong, with joining locations along the way at Drysdale, Leopold and the Showgrounds. There will be free entertainment in Johnstone Park from 4pm -7pm, where we hope to have the community join us in this fun, family celebration.

For all event details and to register, visit [www.walkinghome.org.au](http://www.walkinghome.org.au) and follow the links to your walk.

R u OK? Day – SAVE THE DATE – THURSDAY 7<sup>TH</sup> OCTOBER

### Funding Available

#### AERF Conference Attendance Grants – Closing Date 30 September 2010

Applications are invited from organisations seeking to enhance the professional expertise of their staff for financial assistance to attend conferences during 2010 and 2011.

The projects proposed must meet the AER Foundation's objectives, which are to:

- Prevent alcohol and other licit substance abuse, including petrol sniffing, particularly among vulnerable population groups such as indigenous Australians and youth;
- Support evidence-based alcohol and other licit substance abuse treatment, rehabilitation, research and prevention programs; and
- Promote community education encouraging responsible consumption of alcohol and highlighting the dangers of licit substances abuse.

Conference Attendance grants are available for organisations that pursue best-practice goals by developing the knowledge and expertise of staff that work in the alcohol and other drug sector. Organisations need to demonstrate the benefits that staff will gain through attendance at professional conferences, seminars and workshops in Australia. Conference Attendance grants, will be a maximum of \$5,000 per conference, with a maximum of two persons per organisation receiving assistance, for conferences within Australia. [Click here for more information and application form](#)

#### Innovative Project Grants – Closing Date 30 September 2010

The Alcohol Education and Rehabilitation Foundation Ltd (AER) invites submissions for Innovative Projects (capped at \$20,000 per grant) from organisations introducing distinctly new initiatives to the sector

AER will pursue the following strategies for the next three years:

To build strategic partnerships, collaboratively, with others for alcohol policies that will promote attitudinal and behavioural change to alcohol and licit-substance abuse.

To enhance the capacity of the Alcohol and Other Drugs sector to reduce the social and health harms caused by alcohol and licit substance abuse such as petrol, glue and paint sniffing.

To leverage AER's extensive intellectual property and research in promoting changes in the way we drink.

Organisations seeking project grant must demonstrate the benefits that will be gained by AER, their organisation and by the broader community.

#### Management training grants

These grants are available to support opportunities for formal skill development for health service staff. Grants of up to \$10,000 per organization (and up to \$50,000 per application when organizations work in partnership) are available to



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increase the skills and knowledge of staff in management positions or those entering management roles.

The management training grants is a new Department of Health initiative. For further information go to <http://www.vha.org.au/managementgrants.html>

## Festivals Australia

Festivals Australia aims to encourage cultural activity in regional and remote communities and to support a sense of place and community identity. This program funds to add a new innovative or special cultural activity to a festival. Examples of festivals Australia projects include a performer coming to a remote festival, the creation of a sculpture or short film etc.

Eligibility guidelines and application forms can be accessed from [www.arts.gov.au/arts](http://www.arts.gov.au/arts)

## Helen Macpherson Smith Trust (previously the Helen M Schutt Trust)

Closes: 30 September 2010

Purpose: To support charitable institutions and a diverse range of projects that seek to benefit and improve the lives of the people of Victoria.

Overview: The Trust engages across the grant making spectrum to support the needs of the wider community, and the Trust has identified the following community sectors for particular support in respect to Small Grants:

- Aged Persons Care and Support
- Arts, Culture and Heritage
- Community Support
- Disabled Care and Support
- Education
- Employment and Vocational Training
- Environment
- Health and Medical Research

The Trust has resolved to channel its grant funds into three streams:

1. Small Grants: The Small Grants program will distribute up to 45% of total available funds allocated for each grant round for projects/programs across the full range of community sectors to a maximum of \$25,000 per grant.

2. Strands: The Strands program will distribute around 30% of total available funds allocated for each grant round to four specific strands of work in relation to identified community needs and priorities. These priority areas will develop over time and will be reviewed every three years.

3. Partnerships: The Partnership program will distribute around 25% of total available funds allocated for each grant round towards the Trust working collaboratively with peer philanthropic trusts, charitable organisations, corporations, and/or any levels of government. Partnerships may involve specific community projects/programs and/or endeavours to build the capacity of the not-for-profit sector to deliver improved outcomes related to the Trust's community sectors and/or strands.

How to apply: Mail

Further Information

Website: <http://www.hmstrust.org.au/>

Guidelines:

[http://hmstrust.org.au/static/files/assets/d5ce8c89/Funding\\_Guidelines\\_Feb\\_2010\\_formatted\\_revised.pdf](http://hmstrust.org.au/static/files/assets/d5ce8c89/Funding_Guidelines_Feb_2010_formatted_revised.pdf)

Email: [grants@hmstrust.org.au](mailto:grants@hmstrust.org.au)

## Resources

### ToolKit for AOD Family Work

The Toolkit for AOD Family Work is a collection of selected resources including screening tools, questionnaires, worksheets, and utility practice tools gathered from the sector, research and professional bodies. Each tool was chosen by the Family Focus Project Team for its relevance to both clinicians and clients of the EDAS Family Service. The Toolkit is useful for:

- AOD Family Workers as an extra resource in the family therapy toolbox
- AOD Clinicians to support family inclusive practices.

The Toolkit is divided into five areas:

- Family work framework and assessment
- Families where there is problematic parental substance use
- Coping Assessment
- Concurrent Disorders
- Family Violence

To access the Toolkit and other resources from the Family Focus Project please go the EDAS website: [www.edas.org.au](http://www.edas.org.au) or [www.edas.org.au/family\\_resources](http://www.edas.org.au/family_resources)

### Improving Outcomes for Looked-After Children - A Practical Guide to Raising Aspirations and Achievement

Improving Outcomes for Looked-After Children is a resource designed to challenge and improve the educational provision and assistance given to children in care. This latest offering from experienced practitioner Sue Soan will ensure that your staff implement a consistent and coherent approach to the support offered to looked-after children in your school.

Contents:

- Improving Outcomes for Looked-After Children will:
- Explain why education is so important in raising the aspirations of looked-after children
- Examine the effect of an 'insecure base' on a child's ability to access learning
- Help you develop resilience in your looked-after children
- Provide ideas and approaches for implementing strategies in the classroom
- Examine the role of agencies, parents and carers in the successful management of transitions
- Consider the importance of long-term planning for young people.

By increasing your knowledge about working with looked-after children and understanding their needs and difficulties better, you can improve the education provision and assistance that they receive.



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<http://www.thebrainary.com/shop/product.php?productid=4406&cat=0&page=1>

## AYAC PROJECT – ONLINE COMMUNITY YOUTH SPACES

The Online Community Youth Spaces is a new project that aims to tap into the power of technology to connect young people.

This project will enable 10 young people (or groups of young people) from around Australia to use their creativity to develop a website promoting youth involvement and positive images of young people in their local community.

Funded by the Department of Education, Employment and Workplace Relations, this project will be coordinated the Australian Youth Affairs Coalition (AYAC).

Please [click here](#) for more details Application forms and criteria will be made available from Monday, 9 August.

### Information for Young People

#### ACCESS Arts Workshops

Young people aged 14 – 18 are invited to participate in weekly art shops as part of the Barwon Youth Access Arts Committee. The Committee aims to deliver local youth art programs and exhibitions that foster the creative talents of disadvantaged young people and promote community connectedness.

Barwon Youth Arts studio, 25 Gordon Ave, Geelong West.

For more information visit [www.byaccessarts.com](http://www.byaccessarts.com)

#### THE BIG SPLASH GOES YOUNG ADULT

Are you a young writer who wants to write for other young people? After a successful first Big Splash focusing on the novel in July, Express Media now presents [The Big Splash 2 - Writing for Young Adults](#) on Saturday September 18. The day-long mini-festival, taking place at Express Media's home in the Wheeler Centre in Melbourne, will feature a keynote speech from 16-year-old YA author Steph Bowe, as well as workshops from authors Lili Wilkinson and Penni Russon, and a panel session to end the day.

There are limited places available so we encourage you to [book for the Big Splash now](#).

#### UNDER 25 AND DOING GREAT THINGS? NOMINATE FOR THE YOUNG PEOPLE'S HUMAN RIGHTS MEDAL!

The Australian Human Rights Commission is encouraging young people who have made an outstanding contribution to advancing human rights in Australia, to nominate for the Young People's Human Rights Medal.

Nominations can be made for the Human Rights Medal and Young People's Human Rights Medal and seven Award categories: Law, Community (Organisation), Community (Individual), Literature (non-fiction), Print Media, Television and Radio. Nominations close at 5pm on Monday, 4 October, 2010.

Nomination forms/information: [www.humanrights.gov.au/hr\\_awards](http://www.humanrights.gov.au/hr_awards) or Ph: 02 9284 9618 or [hrawards@humanrights.gov.au](mailto:hrawards@humanrights.gov.au).

## GET PAID TO CREATE MULTI-MEDIA CONTENT FOR REACH OUT! SAY WHAT?

Reach Out <http://reachout.com> is on the lookout for talented and creative young people to be part of our Reach Out Reporter Multi-Media Content Team. The Reach Out Reporters are a team of enthusiastic and talented young people (aged 18-25) commissioned to create multi-media content for [ReachOut.com](http://ReachOut.com). As a member of the Reach Out Reporters you will have the opportunity to:

Gain valuable face-to-face training in multi-media content development (video, writing, blogging, and photography).

Create multi-media content for Reach Out over a 6-month period.

### HOW TO APPLY:

If you've got what it takes to entertain, inform, spark debate, and advocate, while leaving your audience wanting more then send an application to [ReachOut.com](http://ReachOut.com).

There are two steps to the application process:

1. Create an original piece of content To apply to the Reach Out Reporters Multi-Media Content Team you need to create ONE piece of content addressing the topic:

"The Biggest Challenge Youth in Australia face is..."

The content must be presented in one of the following formats: A 300 word opinion piece; OR 1-2 minute video; OR A photo story with 3-5 images and a 100 word story attached

Tell us about yourself - Please include 200 words about yourself in any style.

Provide 3 themes/topics you are interested in and why they are important to a wider youth audience.

CONTACT INFORMATION. Applications can be sent by email to [denise@inspire.org.au](mailto:denise@inspire.org.au)

#### Calling all young budding fashion designers!

If you are aged 14 – 20, have a love for fashion or just want a creative challenge the Recycled Fashion Fiesta is for you. Seize the opportunity to reinvent the old and win some great prizes. Recycled Fashion Fiesta is about celebrating your talent. StreetsAreAlive are organising a recycled fashion parade in the heart of Geelong, to be a feature during the UCI Road World Championships. It gives you the opportunity to put your creative wares on display in a wonderful public forum on October 2 & 3. The rules are simple you must use recycled material, clothing or otherwise, just let your creative juices flow. What you need to do to be involved.....

Register your interest by 3 September. Registration forms are online at [www.streetsarealive.com](http://www.streetsarealive.com) there will be 20 entrants in each category

#### 2010 ROTARY YOUTH LEADERSHIP AWARD (RYLA)

Young people aged 18 to 25 interested in learning more about themselves, developing their leadership skills and having fun are invited to apply for the 2010 Rotary Youth Leadership Award (RYLA) program.

RYLA is a seven-day residential leadership and personal development program that brings together young people from a diverse range of backgrounds to gain a better



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understanding of their strengths, and the unique qualities and abilities of others. The 2010 program will take place from December 5th through December 11th inclusive, and is for young people living in Victoria.

RYLA gives young people the opportunity to participate in workshops designed to provide a range of perspectives on leadership and personal development. Dynamic workshop presenters hail from a range of backgrounds including theatre, community development and the corporate sector.

A team of young people, most of whom are past RYLA participants, manage the day to day running of the program. Each participant is sponsored by a Victorian Rotary Club ensuring the program is at no cost to those who attend. Transportation to and from the outer Metropolitan venue is also provided. Applications close on Friday 1st of October 2010 - so [apply now](#) if you are interested in attending this great program.

For further information or to apply, head to the RYLA Website [www.ryla9800.org.au](http://www.ryla9800.org.au), contact your local Rotary Club or call either of the Co-Directors.

## MoneyHelp,

Money help is a free not-for-profit financial counselling and debt advice service. MoneyHelp is well placed to assist your advocates in helping young people and their families experiencing issues of debt, and financial hardship. MoneyHelp is an initiative of the Victorian Government and provides free, confidential and independent financial advice to Victorians experiencing difficulty with housing payments such as rent, mortgage and rates or those experiencing or concerned about, job loss or reduced working hours.

The MoneyHelp service does not provide cash, but aims to assist peak bodies, community service providers, local councils, businesses, industry groups and individuals by providing:

- a free phone financial counselling service, offering a financial counselling and debt advice service for Victorians experiencing financial difficulty as a result of job loss or reduced working hours, or those experiencing difficulty with housing payments such as rent, mortgage and rates [including interpreter services] - 1800 149 689. Hours of operation are Monday-Friday, 9.30am-5.00pm.
- a comprehensive information website - [www.moneyhelp.org.au](http://www.moneyhelp.org.au). This self-help online tool for Victorians includes the capacity to send an email to a financial counsellor which will be answered by 5.00pm the next working day.
- referral to local financial counselling services near your home if required

## The good, the bad and the ugly: young love in a digital age

A new website for young people which answers the awkward questions about sex, relationships, abuse, sexual harassment and online relationships in the digital age was launched in Melbourne today. [www.lovegoodbadugly.com](http://www.lovegoodbadugly.com)

## T.O.E. (The Outdoor Experience)

### ULTIMATE ADVENTURE

SPRING 2010 – Coastal Walk

Nadgee/Croajingalong National Parks

Information Session:

Thursday 9th September at 11am at the Bush Hut, 110 Studley Park Rd, Kew

An opportunity for young people to hear about the TOE program, meet the staff and make an informed decision if they wish to apply. Optional to attend.

Initial Interviews: By appointment, 1 hour scheduled for young person with their support worker and TOE staff to undertake assessment and provide information about the program.

To arrange an interview ph. TOE on 9855 2633



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## Professional Development Opportunities

Highlighted Training is NEW to Newsletter

Boxed Training is training run in region.

### Turning Point Professional development training

Information on current education and training options for AOD workers is available on the Turning Point web site [www.turningpoint.org.au](http://www.turningpoint.org.au)

This training is funded via Department of Health and provided at no cost to current AOD workers in Victoria.

**Vocational Education & Training** – Applications close on Friday 20th August

CHCAOD402A Work effectively in the AOD sector (Online Training)

CHCAOD406D Work with clients who are intoxicated (Online Training)

CHCAOD408A Assess needs of clients with alcohol and/or other drugs issues (Face to Face Training)

CHCMH401A Work effectively in mental health settings (Face to Face Training)

### Professional Development Training

- Working with Groups
- Psychostimulants
- Pharmacotherapies
- Advanced Counselling

### Higher Education

Twenty 80% scholarships for completion of the Graduate Certificate in AOD studies

### Registration Process

Please access information on upcoming training events via the Turning Point web site [www.turningpoint.org.au](http://www.turningpoint.org.au)

### Reconnexion's Education & Training Calendar

- Cognitive Behaviour Therapy for anxiety and depression
- Diabetes, anxiety and depression (with DAV)
- Cognitive behavioural & solution focussed approaches to working with anxious and depressed young people and their families
- Mindfulness CBT
- Alleviating anxiety and depression-substance using clients. If you would like more information on the above programs or are interested in having a program developed for your organisation please email [janet@reconnexion.org.au](mailto:janet@reconnexion.org.au)  
222 Burke Road, Glen Iris info@reconnexion.org.au  
T:1300 273 266 [www.reconnexion.org.au](http://www.reconnexion.org.au)

### NCPIC – Training opportunities

The workforce development team at NCPIC has been offering free cannabis training to the alcohol and other drug, allied health, education, justice and community sectors since December 2007. The current 2009- 2010 workplan has introduced workshops around clinical guidelines, including teaching the basic clinical principles of motivational enhancement and cognitive behavioural therapy. If you would

like more information about whats on offer through NCPIC please contact [training@ncpic.org.au](mailto:training@ncpic.org.au)

### September

3rd September

#### Supporting young people to quit smoking

Based on the effectiveness of previous youth smoking cessation interventions, it is recommended professionals provide support in a one-on-one setting, where a young person is less likely to feel anxious in disclosing concerns about quitting in the presence of peers. To support this one-on-one approach the full-day training seminar will cover:

- understanding the process of how a young person takes up smoking
- health effects of smoking
- smoking cessation theory
- brief smoking cessation intervention (including aspects of motivational interviewing)
- effective strategies to motivate young people to not smoke
- Quit support resources and services

The training includes practical exercises with reflection and feedback. Participant notes and handouts are provided. The full-day training seminar is free of charge (with morning tea, lunch and afternoon tea provided). The program will commence at 9.00am sharp and conclude at 3.30pm. Training seminar will be held at The Cancer Council Victoria, 100 Drummond Street, Carlton 3053. Should you have any questions about the training, please call me on 03 9635 5529 or email me [bianca.crosling@cancervic.org.au](mailto:bianca.crosling@cancervic.org.au). I look forward to receiving your application.

6-7<sup>th</sup> September

#### ASSET BASED COMMUNITY DEVELOPMENT

Building the Community from the Inside Out Asset Based Community Development (ABCD) is a powerful approach to community development that will focus your effort on discovering and mobilising the resources that are already present in a community.

The two day ABCD – Building the Community from the Inside Out will be presented by Ted Smeaton who has written, developed and implemented ABCD Projects throughout Australia and Asia. Ted is an international adjunct faculty member of Jody Kretzmann and John McKnight's Asset Based Community Development (ABCD) Institute, North Western University, USA.

WORKSHOP DETAILS: City Hall, Gheringhap Street, Geelong 9.30am to 4.30pm, All meals will be provided

WORKSHOP FEES: \$200.00 Full Fee to be paid by Wednesday 1 September 2010

The workshop covers the following topics:

- The principles and philosophies of the ABCD approach
- Person centered planning and community centered ABCD organising
- Practical steps to find and engage community assets



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Harnessing the connected assets to a hopeful future for the community  
How agencies and communities can work together more effectively  
What agencies can do to help communities become stronger  
Strategies that work; circles, connections, mapping, mobilising  
Exploring helpful tools and resources  
Developing your plan of action  
Contact: [CAOS@geelongcity.vic.gov.au](mailto:CAOS@geelongcity.vic.gov.au)

7<sup>th</sup> September 2010

## Identifying the impact childhood sexual assault has on the likelihood of a woman becoming a victim of family violence in adulthood'

Barwon SW Integrated Family Violence Forum FREE EVENT  
As a child protection worker, family service provider, youth service, family violence worker, drugs and alcohol service, Aboriginal community worker, health worker, housing worker, Centrelink worker, are the individuals you work with impacted by their past experience of childhood sexual assault .....  
This forum will present current evidence about the prevalence, nature and impact of sexual assault and other forms of gender-based violence has on women (in particular), their lives, their life chances and life outcomes. 11.00am – 3.00pm at Camperdown Golf Club, Fenton Street, Camperdown. Space is limited – so please call Annie Ferrari on 03 5227 6033 or email [aferrari@comconnect.com.au](mailto:aferrari@comconnect.com.au)  
For more information about Integrated Family Violence in the region see [www.bswifv.org.au](http://www.bswifv.org.au)

September 7, 2010

## TEAM LEADERS WORKSHOP

A practical day to learn and enhance your team leadership skills:

- Role of the team leader
- Tools for assessing your team's functioning
- Strategies for creating and maintaining effective teamwork and cohesion
- Addressing conflict and performance issues
- Leading in an environment of change
- Supervising staff
- An opportunity to meet and share ideas with others in a team leader role.

9.00 - 5.00 Fee: \$220 (Includes GST, lunch & manual)  
Conducted by Teamwork Training Services at Hawthorn Campus of Melbourne Uni.  
For information: Tony Norquay M. 0418 134 709  
Enrolment via Website: [www.teamtraining.com.au](http://www.teamtraining.com.au) OR Email: [info@teamtraining.com.au](mailto:info@teamtraining.com.au)

7<sup>th</sup> & 8<sup>th</sup> September

## Pathways to solutions: Collaborative strengths based brief therapy with challenging adolescents and their families, Matthew Selekman.

Two day workshop in Melbourne, The Bouverie Centre, , 8 Gardiner st, Brunswick.

August 2010

9<sup>th</sup> September

## Managing & Developing Performance

Bringing out the best in your staff, through the principles of performance management, giving direction and feedback and conducting staff appraisals

How to Register: Enquiries and registration call 8412 7111 or email [training@caraniche.com.au](mailto:training@caraniche.com.au)

Registration form can be downloaded from our website: [www.caraniche.com.au](http://www.caraniche.com.au)

9<sup>th</sup> September

## Dealing with Suicidality – Chris Mackey

Free Talks on Mental Health

Chris Mackey is offering a further series of free public lectures on mental health and wellbeing.

The talks aim to promote an optimistic yet realistic understanding of mental health issues.

Geelong West Town Hall 7:30 – 8:45 pm

Enquiries: Chris Mackey & Associates, Specialist Psychology Services (03)5224-1222 email: [admin@chrismackey.com.au](mailto:admin@chrismackey.com.au)  
[www.chrismackey.com.au](http://www.chrismackey.com.au)

14 September 2010

## "You be the judge" - VACRO Information Sessions

VACRO holds free information sessions for families, workers and community members in relation to the criminal justice system.

This session will be run by presenters from the Sentencing Advisory Council ([www.sentencingcouncil.vic.gov.au](http://www.sentencingcouncil.vic.gov.au)) and will involve information on the various sentencing orders available in Victoria. The session will also include a case study, presented with audience participation, on sentencing an offender. The aim of the exercise is to improve participants' understanding of sentencing principles and to highlight many of the complexities inherent in the sentencing process. When - 3:00pm – 4:30pm (NB: Please be there at least 10minutes before the session starts)at Collingwood Neighbourhood Justice Centre, 241 Wellington Street Collingwood. Email [info@vacro.org.au](mailto:info@vacro.org.au) or call 9605 1900 for any enquiries.

14<sup>th</sup> & 15<sup>th</sup> September 2010

## Linking Indigenous policy with service delivery 2010; Strengthening cross cultural communication, shared responsibility and accountability; Cairns

To register go to [registration@criterionconferences.com](mailto:registration@criterionconferences.com)

September 15&16

## The Artistry of Facilitation

This course is about the integral ingredients required when facilitating a group – ensuring it is engaging, interactive, fun and challenging! It also looks at how to create a supportive environment and to deal with challenging behaviours.

[www.groupfacilitation.com.au](http://www.groupfacilitation.com.au)



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16 – 17 September 2010

## Case Management Annual Conference Evolving practices – framing Case management for the future

There are conferences and then there are conferences that make a difference!

Over many years now the relevance and importance of the Annual Conference for Case Management has and will continue to grow - this is why we are sending this information for your consideration.

### There four parts to the CMSA National Conference.

1. An all day Pre Conference Work Shop that aims to raise the understanding of how to deal with Ethical and Legal dilemmas that Case Managers face everyday.

2. Two days of presentations from Case Managers, Operational Managers and IT Professionals - talking about real circumstances, everyday experiences and outcomes. In addition to the wide range of subjects we have been fortunate to engage The Choir of Hope & Inspiration to close the first day of the conference.

3. CMSA Social Function - an opportunity to meet and network with like minded individuals and, in particular, this year we have a special guest, Peter Roberts (Australian Story), a man that uses music as a therapeutic tool.

4. We also ten exhibitors from the industry who will be in attendance, their expertise range from IT, Care Management, Recruitment through Health Products.

Registration is easy -you can register online, down load a registration form [www.cmsa.org.au](http://www.cmsa.org.au) or email [cmsa@cmsa.org.au](mailto:cmsa@cmsa.org.au)

21<sup>st</sup> and 22<sup>nd</sup> September 2010

## Early Childhood Development in indigenous communities, integrating services for a healthy start to life, , Darwin

This conference will showcase existing successful initiatives, sharing best practice for integrated services which help close the gap on childhood disadvantage.

To register go to [registration@criterionconferences.com](mailto:registration@criterionconferences.com)

October

18<sup>th</sup> October;

## Understanding Personality Disorders

TATRA Corporate and Allied Health Training Services has developed a workshop which will foster understanding of the specific challenges associated with caring for individuals with PDs. This is an interactive, experiential and fun workshop. Case studies, quizzes, group tasks and movie illustrations will be used to make this not only a valuable learning experience but also a pleasant one. The content will include understanding of personality disorders and their types, how they develop, the underlying causes behind each and, most importantly, strategies for managing them

Darebin Arts and Entertainment Centre, Melbourne;

Go to TATRA website for further information.

<http://www.tatratraining.com/files/PDsMELBOURNE2010.pdf>

15 October 2010

## Foundations of Clinical Supervision

Understanding of clinical supervision, the process of supervision and supervision skills

How to Register: Enquiries and registration call 8412 7111 or email [training@caraniche.com.au](mailto:training@caraniche.com.au)

Registration form can be downloaded from our website: [www.caraniche.com.au](http://www.caraniche.com.au)

14 October

## Social Anxiety and Avoidance - Chris Mackey

Free Talks on Mental Health

Chris Mackey is offering a further series of free public lectures on mental health and wellbeing.

The talks aim to promote an optimistic yet realistic understanding of mental health issues.

Geelong West Town Hall 7:30 – 8:45 pm

Enquiries: Chris Mackey & Associates, Specialist Psychology Services (03)5224-1222 email: [admin@chrismackey.com.au](mailto:admin@chrismackey.com.au) [www.chrismackey.com.au](http://www.chrismackey.com.au)

15th October, 2010 or 28th October, 2010

## Supporting young people to quit smoking

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The training includes practical exercises with reflection and feedback. Participant notes and handouts are provided. The full-day training seminar is free of charge (with morning tea, lunch and afternoon tea provided). The program will commence at 9.00am sharp and conclude at 3.30pm.

Training seminar will be held at The Cancer Council Victoria, 100 Drummond Street, Carlton 3053 Should you have any questions about the training, please call me on 03 9635 5529 or email me [bianca.crosling@cancervic.org.au](mailto:bianca.crosling@cancervic.org.au). I look forward to receiving your application.

19 October 2010

## Understanding and Responding to Personality Disorders II - Advanced Module

The aim of this seminar is to provide more insight into the complex world of Personality Disorders and equip the



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participants with more strategies for dealing effectively with difficult behaviours displayed by Personality Disordered clients. The Program includes: Introducing Personality Disorders: Narcissistic, Borderline, Dependent, Avoidant, Schizoid, Antisocial, Paranoid, Histrionic, Schizotypal and Obsessive-Compulsive and what they have in common.

Providing DSM-IV assessment of Personality Disorders. Introducing management and engagement strategies for each type of Personality Disorder.

This workshop will foster high levels of self-sufficient practice among professionals who are not mental health practitioners but who deal with personality disordered clients on ongoing basis.

Go to TATRA website for further information.  
<http://www.tatratraining.com/files/PDsMELBOURNE2010.pdf>

**21-22 October Darwin, 25-26 October Brisbane, 28-29 October, Canberra**

Building Productive Relationships between Government & Indigenous service providers

Governments have made commitments to new working relationships with NGOs, recognising that overcoming disadvantage is a joint effort. They acknowledge that this must involve less agency red-tape, simplified and streamlined funding arrangements. Research involving Indigenous organisations has pointed the way to better approaches; this research needs to be harnessed to lead to improved service delivery outcomes.

Where is progress happening and how can this be extended? How can NGOs help shape and guide the implementation agenda?

Go to: <http://www.bernieyatesmasterclass.com/overview.php>

27<sup>th</sup> October

**Introduction to working with aboriginal children, families, and workers**

Residential care learning and development strategy – Centre for excellence in child and family welfare To register for these courses and more information download a registration from the following website

<http://www.cwav.asn.au/training/calendar.html>

**November**

3<sup>rd</sup> November 2010

**Supporting & Leading Teams through times of Stress and Crisis**

Understanding of stress, responding to critical and cumulative stress in your teams, and using psychological first aid.

How to Register: Enquiries and registration call 8412 7111 or email [training@caraniche.com.au](mailto:training@caraniche.com.au)

Registration form can be downloaded from our website:  
[www.caraniche.com.au](http://www.caraniche.com.au)

4<sup>th</sup> & 5<sup>th</sup> November

**Youth Mental Health first aid**

Residential care learning and development strategy – Centre for excellence in child and family welfare To register for these courses and more information download a registration from the following website

<http://www.cwav.asn.au/training/calendar.html>

5<sup>th</sup> November 2010

**Recognise & Respond to Family Violence Training**

South West Sub Region CCVL will be holding a Training Session on Introduction to Family Violence to be held at Community Connections, 135 Kepler Street, Warrnambool, 9.30am – 4.00pm

The one day course covers -

Definition, statistics, common beliefs about FV, what makes it difficult to leave a violent partner?, indicators, responding to disclosures, risk assessment and safety planning

Cost is \$20.00 & GST - includes lunch

For Application form please click here: [Application Form](#)

For further information please email Annie Ferrari IFV Project Support Worker at [aferrari@comconnect.com.au](mailto:aferrari@comconnect.com.au) telephone: 5227 6033 or go to our website for an application form [www.bswifv.org.au/](http://www.bswifv.org.au/)

**11 November**

**How to improve Mental Health Services(at no cost) - Chris**

**Mackey, Free Talks on Mental Health**

Chris Mackey is offering a further series of free public lectures on mental health and wellbeing.

The talks aim to promote an optimistic yet realistic understanding of mental health issues.

Geelong West Town Hall 7:30 – 8:45 pm

Enquiries: Chris Mackey & Associates, Specialist Psychology Services (03)5224-1222 email: [admin@chrismackey.com.au](mailto:admin@chrismackey.com.au)

[www.chrismackey.com.au](http://www.chrismackey.com.au)

**DRUMBEAT Facilitator Training - Colac**

**15<sup>th</sup> 16<sup>th</sup> 17<sup>th</sup> November 2010!!!**

The DRUMBEAT Program is an early intervention program for 'at-risk' youth that uses drumming to teach a range of social skills and lift self-esteem. Developed by the Holyoake Institute in Western Australia it is run in both primary and secondary schools, youth centres, drug rehabilitation centres, and prisons with encouraging results. The program has attracted widespread interest across the country for its potential to engage young people of different cultural backgrounds and transfer learning through an experiential process that is noncompetitive. DRUMBEAT has proved particularly successful with indigenous youth and others who are alienated from society. The three day training is accredited as a group facilitation unit under the standards of National Training Authority and covers group facilitation skills, working with defiant youth, and the implementation of the DRUMBEAT program itself. Please Note: this program meets the criteria of the Victorian Certificate of Applied Learning (VCAL) Colac



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Orways Performing Arts & Cultural Centre Cnr. Gellibrand & Rae St Colac 3205 There are only 20 places so get in quick For Registration or to find out more information contact: Wendy Clipperton, YSAS Education & Research Unit (03) 94158881 Email: [wclipperton@ysas.org.au](mailto:wclipperton@ysas.org.au)

18<sup>th</sup> November (Preston)

## Top Down, Bottom Up

As part of VAADA's Sector Development, they will be facilitating a series of professional development forums on consumer participation in Victorian AOD services. The forums will bring together AOD managers, AOD practitioners, consumer advocates and experts from a range of health and community service settings.

The core aim of these forums is to support AOD services to strengthen consumer input into service planning and development. Highlights include:

A presentation from Beth Wilson, Victorian Health Services Commissioner

An opportunity to meet with key people promoting consumer involvement across various health and community services

A practical workshop targeting consumer participation in AOD services

Concise, accessible and current information provided by senior AOD service managers

The forum runs from 10.00am – 3.00pm and will be held at Preston (Darebin Arts & Entertainment Centre) and includes morning and afternoon tea, lunch and resource materials.

Register for the forums by email to [skerwick@vaada.org.au](mailto:skerwick@vaada.org.au) or fax to (03) 9416 2085. Include your full name, position, organisation, contact phone number, email address and dietary or other requirements, and indicate which session you wish to attend.

23<sup>rd</sup> November

## Managing young people with sexually abusive behaviours

Residential care learning and development strategy – Centre for excellence in child and family welfare To register for these courses and more information download a registration from the following website

<http://www.cwav.asn.au/training/calendar.html>

25<sup>th</sup> & 26<sup>th</sup> November

## Supervision training

Residential care learning and development strategy – Centre for excellence in child and family welfare To register for these courses and more information download a registration from the following website

<http://www.cwav.asn.au/training/calendar.html>

## 2011

2nd February 2011 - Sunshine

## Top Down, Bottom Up

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consumer advocates and experts from a range of health and community service settings.

The core aim of these forums is to support AOD services to strengthen consumer input into service planning and development. Highlights include:

A presentation from Beth Wilson, Victorian Health Services Commissioner

An opportunity to meet with key people promoting consumer involvement across various health and community services

A practical workshop targeting consumer participation in AOD services

Concise, accessible and current information provided by senior AOD service managers

The forum runs from 10.00am – 3.00pm and will be held at Sunshine Golf Club and includes morning and afternoon tea, lunch and resource materials.

Register for the forums by email to [skerwick@vaada.org.au](mailto:skerwick@vaada.org.au) or fax to (03) 9416 2085. Include your full name, position, organisation, contact phone number, email address and dietary or other requirements, and indicate which session you wish to attend.

2-4 May 2011

## 6th International Drugs and Young People Conference

Our theme "Making the Connections" reflects a number of important issues: understanding the complexity and interaction of factors which influence and impact on young people lives; the opportunity for diverse sectors to meet and exchange knowledge and expertise; and translating research into practice. The theme also refers to the growing importance of social media and technology in young peoples' lives today and its potential role. Another focus will be on recognising and celebrating the role that young people themselves are playing in addressing drug use in the community.

For more information: <http://117.55.235.172/in-the-community/6th-international-drugs-and-young-people-conference>

To register your interest: <https://wsm.com.au/ei/getdemo.ei?id=535&s=3580PE73W>